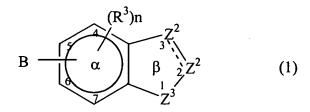
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Abstract

The invention is directed to methods to inhibit p38- α kinase using compounds of the formula



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and the pharmaceutically acceptable salts thereof, or a pharmaceutical composition thereof, wherein

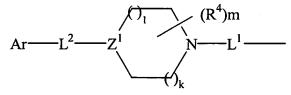
represents a single or double bond;

B is -W_i-COX_iY wherein Y is COR² or an isostere thereof and R² is hydrogen or a noninterfering substituent, each of W and X is a spacer of 2-6Å, and each of i and i is independently 0 or 1;

each R³ is independently a noninterfering substituent, where n is 0-3;

Z³ is NR⁷ or O; wherein R⁷ is H or a noninterfering substituent;

one Z² is CA or CR⁸A and the other is CR¹, CR¹₂, NR⁶ or N wherein each R¹, R⁶ and R⁸ is independently hydrogen or noninterfering substituent; wherein A is:



such that Z¹ is CR⁵ or N wherein R⁵ is hydrogen or a noninterfering substituent; each of l and k is an integer from 0-2 wherein the sum of l and k is 0-3;

Ar is an aryl group substituted with 0-5 noninterfering substituents, wherein two noninterfering substituents can form a fused ring;

each R⁴ is independently a noninterfering substituent where m is 0-4; each of L1 and L2 is a linker; and

the distance between the atom of Ar linked to L^2 and the center of the β ring is 4.5-24Å.